



COMBINING TECHNOLOGY AND HEALTHCARE EXPERTISE TO REDUCE THE RISK OF WORK-RELATED ILL-HEALTH

PROBLEM

- Attracting and retaining talent in your sector
- Work-related stress and burnout
- Current initiatives and benefits not providing results
- Lack of strategic planning

IMPACT

- Long-term sickness absence
- Strain on the existing workforce
- Reduced client/service capacity
- Increasing financial pressures

SOLUTION

Our 12-month M.E.T.A PROGRAMME addresses your organisational and service delivery challenges by taking a clinically led, evidence-based and data-informed approach to establish and eliminate the root cause of work-related ill health in your workforce. In 3 steps we:



IDENTIFY RISK

We benchmark and assess the quality and effectiveness of operational frameworks that support workplace health promotion



LEAD A HEALTHIER TEAM

We train senior leaders and managers to look after themselves and better support their teams so that they can improve business KPIs and OKRs



IMPLEMENT DATA-INFORMED CHANGE

We collect employee health data that enables us to identify the root cause of work-related ill health and prevent future risks through education

BENEFITS

- Improve retention and attraction rates
- Reduce the risk of work-related ill health
- Develop a preventative culture mindset
- Increase client/service capacity
- Reduce the risk of costly mistakes
- Improve operational costs and save money
- Improve Employer brand

M.E.T.A PROGRAMME

M.E.T.A is our framework and acronym for our 4-step process that enables us to measure, evaluate, transform and analyse the state of health and wellbeing in your organisation.



MEASURE

- Operational risk
- Employee health data
- Workplace culture

EVALUATE

- Organisational and employee risk
- Identify current problems
- Strategy and resources

TRANSFORM

- Tackle key problem areas
- Implement training
- Deliver health support

ANALYSE

- Operational improvements
- Employee health impact
- Financial outcomes





SIGN UP TODAY FOR YOUR FREE WELLBEING M.E.T.A ACTION PLAN (M.A.P™)

Support your employees with our Wellbeing M.A.P™ so that you can seamlessly embed health and wellbeing conversations into 1:1 manager meetings for healthier, engaged and more productive teams.

Using our Wellbeing M.A.P™ is a great way for your organisation to improve employee health and wellbeing. In supporting employees to stay on top of their health, our Wellbeing M.A.P™ can strengthen your company culture and bring a full host of benefits.

M.A.Ps are for everyone, not just employees who have a problem with their health and wellbeing. So, set some time aside, drop us an email and we'll send you your free template along with A Manager's Guide so that you can start improving people and business outcomes today.

THE BENEFITS

For Your Organisation

- Strengthens company culture
- Improves retention and attraction
- Increases productivity and profitability

For Managers

- Provides a structure for conversations
- Identifies the need to make adjustments
- Supports employees returning to work

For Employees

- Can communicate about their health
- Can talk about support needed to thrive
- Feel valued in the workplace

M.E.T.A

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